

Oklahoma City  Indian Clinic
INVITES YOU *to walk with us*

A BALANCED LIFE

Nutrition **Physical Activity** **Mental Health** **Tradition**

13th ANNUAL WALK for Wellness

Saturday May 22, 2010

Registration begins at 8:00 am
9:00 am - 12:00 pm WALK begins

Located on the Oklahoma River- just south of I-40 on Lincoln
Boulevard

At Regatta Park near the Chesapeake Boathouse
725 South Lincoln Boulevard

FREE parking available
FREE lunch served to all participants



A **FREE** ticket to the Oklahoma River Cruises for the first 170
participants who walk one mile

**MOON BOUNCE WILL BE
AVAILABLE FOR KIDS !!**

Health promotion and disease prevention booths available

For more information contact Jackie Dixon in the Public Health
Department at 405.948.4900 ext. 167
or contact Steve Daugherty at 405.948.4900 ext.168

WIN PRIZES - names will be drawn every half hour

All Clinic patients are invited and encouraged to attend